



## Recipe from BigFish Brand™ Fast Fish & Chips

A simple, healthier version of everyone's favourite supper dish! With just a few ingredients from the freezer, it's so easy to do and perfectly delicious.

**Preparation time:** 10 minutes

**Cooking time:** 30-40 minutes

**Serves two**

### Ingredients

2 BigFish Brand™ Natural fish fillets (use Salmon or try our new Trout!)

1 Pack McCain Simply Gorgeous Chips  
(or another favourite brand of oven chips)

1 Cup frozen peas



### Method

1. Pre heat the oven to 190°C or Gas Mark 5.
2. Remove all the packaging from the salmon fillets and loosely wrap in lightly oiled tin foil, then place on a baking tray. Pop the tray in the oven and cook for 30-40 minutes until the salmon is cooked through.
3. Put frozen chips on a pre-heated tray with a deep edge and cook as per instructions.
4. Bring a pan of water to the boil and cook frozen peas for 2-3 minutes.
5. Take salmon and chips from the oven, put on warmed plates and serve with a dollop of your favourite sauce!